



Qineticare
integrative health & wellbeing

The challenges of continuing the family legacy

Presented by: feisal alibhai

Which life stage are you in?



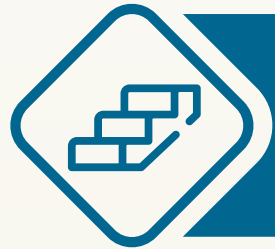
Individual



Family



Multi-Generational Family



Planning

Taking Proactive Steps

Sustainable Performance
Quality of Life
Fulfilment

Alignment of Values & Vision
Deep Connectedness
Enduring Love

Harmony
Generational Continuity
Legacy



Transition

Thriving Through Change

Self-Identity
Entrepreneurship
Mid-life/Menopause

Marriage
Parenting
Empty Nest

Continuity Planning
Purpose Post Sale of Business
Family Business to Family Enterprise



Chronic/Acute

Transcending Harsh Realities

Burnout/Breakdown
Chronic Illness
Life Threatening Illness

Relational Challenge
Out of Control Children
Divorce

Communication Breakdown
Sibling/Intergenerational Conflict
Dysfunctional Dynamics

Client Profile

Three siblings (2nd generation) of a global family business requiring emotional and relational support in preparation for continuity with the rising gen

Stage



Transition

Size



Multi-Generational Family

Location



London



Challenge



One of the 2nd gen contacted Qineticare seeking guidance as they began the transition process, unsure if the family business could, or should, survive the transition to seven 3rd gen.



One of the 2nd gen wanted to dissolve the business, one wanted to continue and the third was on the fence. They were struggling to address this due to lack of trust, unable to communicate openly amongst themselves and make decisions on key issues.



Due to lack of clarity, the siblings' spouses were biased towards their husbands, and stopped communicating, causing inter-familial disharmony.



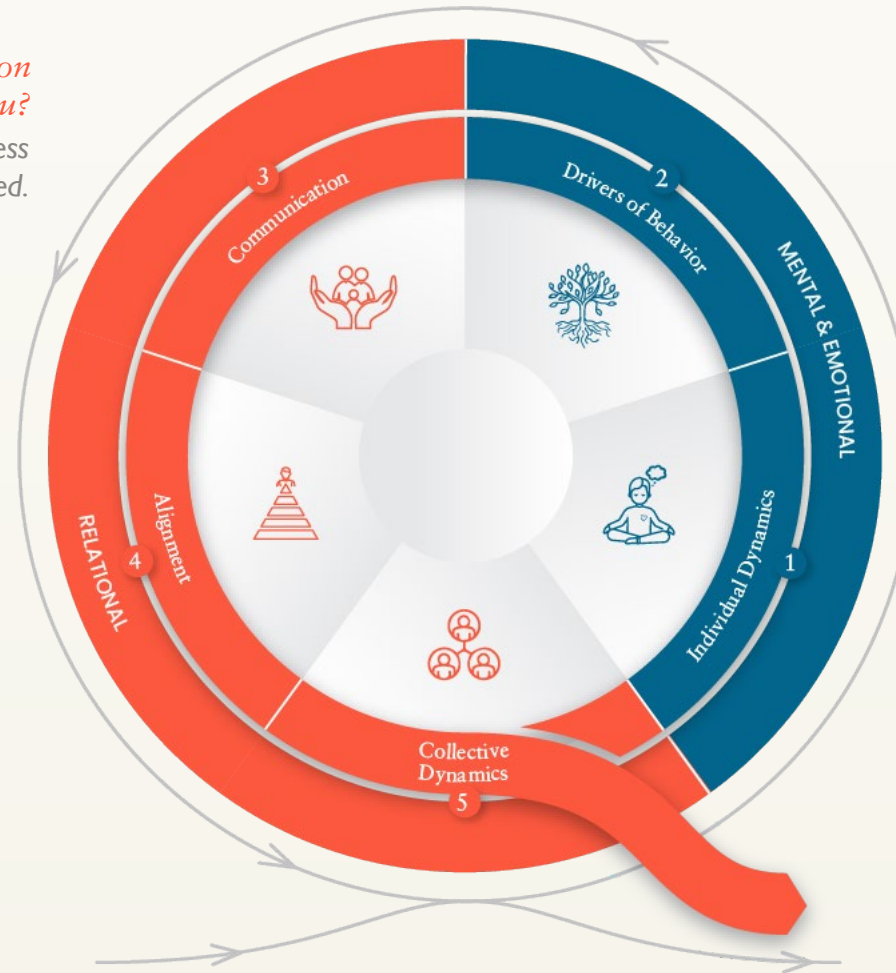
The patriarch was second guessing one of the 2nd gen and interfering in the day-to-day operations, leading to emotional distress and inability to execute, resulting in poor business performance.

Step 1: Family Harmony Assessments for each of 2nd generation

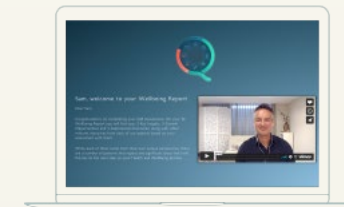
How well is your communication style serving you?
Develop awareness of how you express yourself and how others may be impacted.

How do your innate drivers impact your relationships?
Identify your drivers and how they limit or deepen your ability to relate.

How aligned are you in the roles you play?
Discover how you align your values, talents and aspirations with your relationships.



Who am I within the family?
Explore the perspectives you hold and how your state impacts family dynamics.



Qi Family Harmony Report
Receive your Qi Family Harmony Report and discuss the findings with the Qineticare team

How harmonious are the collective dynamics?
Assess the roles each person plays and how they show up in the family system.

Step 2: Individual tailored pathway for each of 2nd generation (example)



Foundation



Drivers of Behavior



Inner Work



Somatic Self-Care

Dr. D



Anisa Carim



Stephanie Mines



Transformation



Regulating Emotions



Authentic Relating



Authentic Communication

Kathleen



Jill Thomas



Christine Gagnon



Integration



Relational Alignment



Mindful Leadership



Development Wholeness

Natalie Lascelles



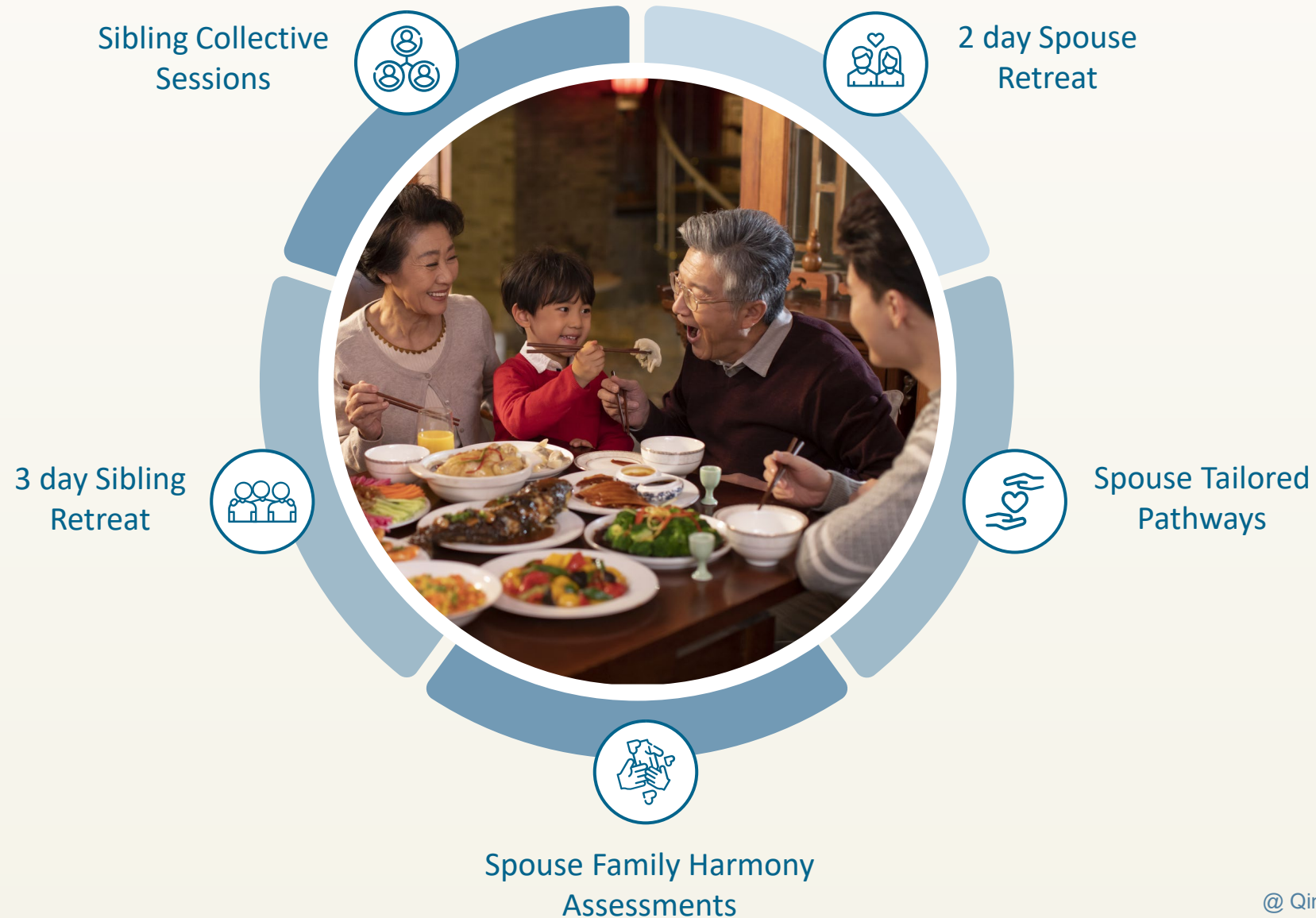
Ronald Alexander



Alexander Love



Step 3: Retreats for siblings, and assessments & pathways for spouses



Client Profile

Three siblings (2nd generation) of a global family business requiring emotional and relational support in preparation for continuity with the rising gen

Stage



Transition

Size



Multi-Generational Family

Location



London



Outcome



The 2nd generation began to address the lack of alignment and share their truth, with the second gen having learned to take responsibility for their own emotional state, knowing they could not change the patriarch's behavior.



With all three siblings committing to stay together as a family business, and the spouses and third gen more involved formally and informally, the business performance grew to new heights.



The spouses witnessed the transformation of the siblings and opened up to do their own inner work to come into alignment and support generational continuity.



When the patriarch passed away unexpectedly, the 2nd generation were ready to step up, united in their commitment to carry the business forward for another generation, and the 3rd generation were empowered to take on more responsibility.



thank you

www.qineticare.com

